



fortnightly update

Tuesday 1 June 2010

The gpa fortnightly update is posted on our website www.gpasouthgippsland.com.au
If you would like to be included on the email distribution list, please contact Mandy M at GPA on 5674 0900.

Welcome Julie Kellow

GPA welcomes Julie Kellow to our division, who has commenced as Rural Palliative Care Coordinator. Julie's email address is j.kellow@gpasouthgippsland.com.au

Julie Bernardson has relocated to Geelong and we wish her all the best and thank her for her commitment over the past twenty months with GPA.

Low vitamin D in Victoria: at risk-populations



As we move into the winter months GPs will start to see more Victorians at risk of low and deficient vitamin D. Some sun exposure is necessary from May to August in Victoria when UV levels are below 3. SunSmart will be launching their vitamin D awareness campaign with a particular focus on at-risk groups such as people with naturally very dark skin.

To help GPs and their patients SunSmart has a number of vitamin D publications available including a resource specifically targeting health professionals and information sheets in eight languages. All resources can be downloaded at sunsmart.com.au/vitamin_d/who_is_at_risk_of_vitamin_d_deficiency or by calling 03 9635 5148.

Diabetes Health Professional Awards 2010



Calling for nominations - DA-Vic recognises the important role of diabetes education and the health professionals who help people with diabetes to better manage their condition. The World Diabetes Day Health Professional Awards have been created to acknowledge high quality, evidence-based approaches to diabetes education in Victoria and the contribution of health professionals' towards improving the lives of people with diabetes. The awards are open to health professionals at all levels of training and experience who are practicing in Victoria, including those who are new to the diabetes community. An award will be presented in each of three categories for programs or resources that meet the specified criteria. For more information visit:

<http://www.diabetesvic.org.au/HealthProfessionals/HealthProfessionalAwards2010/tabid/360/Default.aspx>

Supermarket Tours: Diabetes Australia – Vic organises supermarket tours in metropolitan and regional areas to help make shopping for food easier. As part of the two hour tour, local dietitians show you how to accurately read and understand food labels, select healthy food alternatives and identify products that are *appropriate for people with diabetes*. Participants will receive a show bag with the Diabetes Australia Healthy Shopping Guide, information sheets and other useful information. A tour is taking place at Coles 68-80 Thompson Street Cowes on 17 June 2010 at 9.30am. **Cost:** \$10 members and \$15 for non-members. Limited bookings are available for each tour. To make a booking, contact the Diabetes Info and Advice Line (DIAL) on 1300 136 588.

GPA website - GP Member Section

The GP Member section of the website is up and running. The section is password protected and contains information specific for GPs, as well as a members' forum.

Any GP who has not applied for a login can obtain one by contacting Mandy M at GPA on 5674 0900 or email m.mcdonald-susic@gpasouthgippsland.com.au



Fortnightly Edition

General Practice Alliance – South Gippsland 5674 0900 www.gpasouthgippsland.com.au

Upcoming CPD events

Anaesthetics Group Meeting: The anaesthetics group is meeting Wednesday evening, the 9th June at 7pm in the boardroom of GPA South Gippsland. If you have been part of this group previously or are a Registrar harbouring an interest in anaesthetics, please contact Rhett McLennan on 5674 0900 or r.mclennan@gpasouthgippsland.com.au

Obstetrics Group Meeting: The obstetrics group of South Gippsland is commencing another annual cycle of meetings on Monday evening, 7th June. If you're interested in becoming a part of the group, please contact Rhett McLennan on 5674 0900 or r.mclennan@gpasouthgippsland.com.au

Immunisation CPD: Our next CPD is 16 June at the Austral Hotel in Korumburra on immunisation. Our guest speaker is Rosemary Morey from the department of Health. Further education points are provided from the meeting by the RCNA, RACGP and ACRRM. To register, please contact Rhett McLennan on 5674 0900 or r.mclennan@gpasouthgippsland.com.au

View GPA education events and find links to follow us on Facebook, Twitter and LinkedIn on our website at <http://www.gpasouthgippsland.com.au/Education/EventsCalendar/>



MONASH University
Medicine, Nursing and Health Sciences



GROUP OF EIGHT



**So you want to do research
but you're not sure how?**

Research Methods for Health Care Professionals

A short course on health care research

Monash University Department of Rural and Indigenous Health

- Two days, Tuesday August 3rd & 17th, 2010 (9.30am–4.00pm)
- Suitable for all health professionals
- CME Points may be applicable
- A Certificate of Participation is awarded (80% attendance)

This ten hour course presented by Monash University staff provides introductory information on conducting health care research. It covers designing a research project and collecting and analysing data. It also covers ethical issues in research.

These sessions are designed to provide you with step-by-step easy to follow guidelines for carrying out health care research.

Venue

Education Centre
Gippsland Southern Health Service
Koonwarra Rd
Leongatha

Cost

\$380 Payment by cheque (to Monash University)
or cash, payable on 3rd August
Tea and coffee provided

Course enquiries and registration

Cathy Beamish
Department of Rural & Indigenous Health
Phone: (03) 5128 1022
Email: Cathy.Beamish@monash.edu



www.med.monash.edu/srh/mudrih

Fortnightly Edition

General Practice Alliance – South Gippsland 5674 0900 www.gpasouthgippsland.com.au