

## What will the Health Check

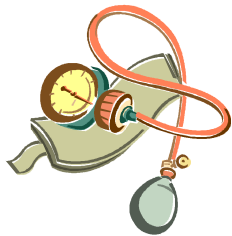
### Cost?

The cost of the Health Check is free\* but depending on your GP Clinic either of the bottom two scenarios could apply:

- You will be bulk billed and there will be no cost for the service as it is covered by Medicare; or
- The cost of the Health Check will be charged at what your GP Clinic charges for a “long consultation” of which \$100 can be claimed back from Medicare.

*\*The health check is free but any subsequent visits or reviews would be charged at the normal rate.*

For more information on how your GP Clinic charges for a Health Check either ask at the reception desk or talk to your GP.



If you have a risk factor and would like to have a health check, please speak with the Receptionist to make an appointment with a GP.

Also if you have any friends or family members that would be entitled, talk to them about it and encourage them to also visit a GP.

Information for this brochure was provided by The Royal Australian College of General Practitioners

**This brochure was produced by  
General Practice Alliance South  
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# Are you 75 or over?



***If so please take a few moments  
to read this brochure.***

**If you are 75 years of age or over, live independently or in an aged care facility, you are entitled a fully comprehensive health assessment by your GP at no extra cost to you.**

The Federal Government has recently introduced a new health check.

It is for everyone aged between 45 and 49 who may be at risk of developing a health complaint, like diabetes or heart problems.



## The Health Check would involve:

- Updating your medical history and looking at your health issues
- Doing tests (such as blood pressure tests), if required
- Follow up on any problems identified
- Advice and information, for example on how to make lifestyle changes to improve your health

**The health check is initiated and completed in one consultation unless further tests are required**



## Why have the Health Check?

Regular comprehensive health checks are an important step in preventing severe illness. If ill-health is detected early, there is a much greater chance to recover and maintain a high quality of life.

**Ask your Doctor or Nurse for more details.**

The aim of the health check is to help find, prevent or lessen the effect of disease. After all, it is better to avoid disease than to treat it.

