

# Mental Health Local Services Directory

## Support & Information

Mental Illness Fellowship  
(Wonthaggi)  
5672 3111

GippsCare (Leongatha)  
5662 4561

## Counselling & Information

Local Doctors  
and Specialists

Bass Coast Community Health  
Service  
5671 9200

Family, Peers  
& Friends

SANE Helpline  
1800 187 263

## 24 Hour Emergencies

Relationships Australia (Vic)  
1300 364 277  
or 5175 9500

Latrobe Regional Hospital  
Mental Health Service  
1300 363 322

Wonthaggi Police  
5672 1222

Bass Coast Regional Health  
Family Resource Centre  
5671 3278

F.O.C.A.S.  
5674 4628

## IMMEDIATE CRISIS

**Lifeline 13 11 14**

**Ambulance / Police 000**

**Kids Help Line 1800 551 800**

**Poisons Information 13 11 26**

**Parentline 1300 301 300**

**Mensline 1800 789 978**

Bass Coast Regional Health  
(Wonthaggi)  
5671 3333

BeyondBlue  
1300 224 636

GROW  
1800 558 263

Yarram & District Health  
Service  
5182 0222

Gippsland Southern Health  
Service (Leongatha)  
5667 5555

Direct Line  
(Drug & Alcohol)  
1800 888 236

Centrelink Social Workers  
13 17 94

Kooweerup Regional Health  
Service  
5997 9679

Suicide Helpline Call-  
back Service  
1300 659 467

Anglicare  
(Leongatha)  
5662 4561

Local  
Psychologists

South Gippsland Hospital  
(Foster)  
5683 9777

Gippsland Southern Health  
Service (Korumburra)  
5654 2777

Gippsland Women's  
Health Service  
5143 1600

Rural Support Line  
1300 655 969

Kilmany Uniting Care  
5662 5150

Special Needs  
Assessment Program  
(SNAP)  
5658 1299

Gamblers Helpline  
(Victoria)  
1800 858 858

Personals Helpers & Mentors  
Program (MIND)  
5134 6199

Association of  
Relatives & Friends of  
the Mentally Ill Carer  
Helpline  
1300 550 265

Womens Information  
Referral Exchange  
1300 134 130



General Practice Alliance -  
South Gippsland