

DROUGHT/MENTAL HEALTH PROGRAM

SERVICE AND COMMUNITY MAPPING

Divisional Area of South Gippsland – Victoria

General Practice Alliance South Gippsland

August 2009



This information has been gathered over the course of conducting projects and activities under the Commonwealth Department of Health and Ageing *Mental Health Support for Drought Affected Communities Initiative*, from June 2008 to July 2009.

SERVICE PROVIDER	CURRENT ACTIVITIES/SERVICES	REFERRAL PATHWAYS	LOCAL AREA CONTACT DETAILS
PRIMARY & ACUTE HEALTH			
General Practitioners	<ul style="list-style-type: none"> ➤ Provision of primary health care to all people. ➤ Onward referrals to mental health services (via Triage service) ➤ Onward referrals for psychological counselling through Access To Allied Psychological Services (ATAPS) ➤ Onward referrals for counselling through More Allied Health Services (MAHS) 	<p>Individual phones GP clinic for appointment.</p> <p>Many GPs can have long wait times, however most clinics can service clients within 24 hours, particularly if client indicates need is urgent.</p>	<ul style="list-style-type: none"> ➤ Boolarra Practice, Church Street, Boolarra 3870 Ph: 03 5169 6688 ➤ Foster Medical Centre, 97 Station Road, Foster 3960 Ph: 03 5682 2088 ➤ Koo Wee Rup Medical Centre, 360 Rossiter Road, Koo Wee Rup 3981 Ph: 03 5997 1222 ➤ Korumburra Medical Centre, 50 Radovick Street, Korumburra 3950 Ph: 03 5655 1355 ➤ Lang Lang Community Family Medicine, 5 Whitstable Street, Lang Lang 3984 Ph: 03 5997 5799 ➤ Leongatha Health Care, 14 Koonwarra Road, Leongatha 3953 Ph: 03 5662 2201 ➤ Leongatha Health Care (Inverloch Clinic), 18 Reilly Street, Inverloch 3996, Ph: 5674 2700 ➤ Mirboo North, 27A Giles Street, Mirboo North 3871 Ph: 03 5668 1234 ➤ Phillip Island Medical Group, 164-166 Thompson Avenue, Cowes 3922 Ph: 03 5951 1800

			<ul style="list-style-type: none"> ➤ San Remo Medical Centre, 119 Marine Parade, San Remo 3925 Ph: 03 5678 5402 ➤ Sarah Cannon Clinic, Cooper's Road, Foster 3960 Ph: 03 5682 2059 ➤ South Gippsland Family Medicine, 5/1 Billson Street, Wonthaggi 3995 Ph: 03 5672 4111 ➤ Wonthaggi Medical Group, 42 Murray Street, Wonthaggi 3995 Ph: 03 5672 1333 ➤ Wonthaggi Medical Group (Inverloch Clinic), 25 A'Beckett Street, Inverloch 3996 Ph: 03 5674 1207 ➤ Yarram Medical Centre, 91 Commercial Road, Yarram 3971 Ph: 03 5182 0333 ➤ Yarram Practice (King Street Clinic), 6 King Street, Yarram 3971 Ph: 03 5182 5533 ➤ Cowes Bulk Billing Surgery, 3/22 Thompson Avenue, Cowes 3922 Ph: 03 5952 5877
Bass Coast Regional Health	Family Resource Centre - Family support programs, personal counselling, trauma counselling for newly arrived refugees, aged care, financial counselling, sexual assault support, school focused youth services, emergency relief, volunteer program.	Self-referral or referral from service providers.	<p>Family Resource Centre located at Graham Street, Wonthaggi 3995 Ph: 03 5671 3278</p> <p>Main hospital reception Ph: 03 5671 3333</p>

Gippsland Southern Health Service	Social work, counselling, drug and alcohol services. Sustainable Farming Families program commenced in 2008.	Self-referral or referral from service providers.	Koonwarra Road, Leongatha 3953 Ph: 03 5667 5555 Bridge Road Korumburra (Korumburra campus) Ph; 03 5654 2777 South Gippsland Alcohol & Drug Service Ph: 03 5667 5527
South Gippsland Hospital	Supports existing outreach activities from Gippsland Southern Health Service to Foster area – e.g. counselling, drug and alcohol programs	Self-referral or referral from service providers.	87-89 Station Road Foster 3960 Ph: 03 5683 9777 (Main reception) Community Health Centre Ph: 03 5683 9780
Yarram & District Health Service	Sustainable Farming Families program commenced in 2009. Baker Centre – counselling and family support programs.	Self-referral or referral from service providers.	85-91 Commercial Road Yarram 3971 Ph: 03 5182 0222 (Main reception)
Koo Wee Rup & District Health Service	Drought Counselling and community development work via social work department. Development of Men's Shed and community garden.	Self-referral or referral from service providers.	215 Rossiter Road Koo Wee Rup 3981 Ph: 03 5997 9679

MENTAL HEALTH

<p>Area Mental Health Service (AMHS) - Latrobe Regional Hospital Community Mental Health Service</p>	<p>Psychiatric assessment and case management - primary mental health care.</p> <p>Specialist clinical service for the assessment and treatment of serious mental illness.</p> <p>Range of programs including Child & Adolescent, Adult and Aged, Primary Mental Health and Early Intervention Service (which are all accessed via Triage), and Dual Diagnosis, Early Psychosis, Community Aged Intensive Recovery (CAIR), Mental Health Promotion, and Families where A Parent has a Mental Illness (FaPMI), which are accessed via a referral from mental health case managers.</p> <p>Mental Health Promotion Officer program offers training across Gippsland – contact the Warragul Community team.</p>	<p>Self-referral or referral any person (including community members) via Triage service</p> <p>All referrals and enquiries via central entry point - Triage 1300 363 322</p>	<p>Triage 1300 363 322 or 03 5128 0100</p> <p>Community teams in:</p> <ul style="list-style-type: none"> • Wonthaggi Graham Street Ph: 03 5672 3174 • Korumburra 4 Gordon Street Ph: 03 5658 1501 • Yarram 20 Nicol Street Ph: 03 5182 0245 • Warragul 31-35 Gladstone Street Ph: 03 5622 2015
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<p>AMHS Primary Mental Health & Early Intervention Team</p>	<p>Primary, secondary and tertiary consultation, education and training</p>	<p>Referral via AMHS Triage service</p>	<p>Based in Sale with practitioners servicing Korumburra and Wonthaggi teams.</p> <p>Sale office – C/- Central Gippsland Health Service, Cnr Palmerston & Cunningham Streets, Sale 3850 Contact via Triage 1300 363 322</p>
<p>Psychologists</p>	<p>Psychological assessment and treatment</p>	<p>Referral from GP for ATAPS or MAHS programs</p>	<ul style="list-style-type: none"> ➤ Acacia Counselling & Psychology Centre – Rosalie Gannon, 40 Radovick Street Korumburra, Ph: 03 5655 2321 ➤ Banksia Health Care – Debbie Birkett and Ray Saunders, Graham Street Wonthaggi and 12 Roughead Street Leongatha, Ph: 03 5662 4800 ➤ Ailsa Brown, 32 Jeffrey Street Leongatha, Ph: 0400 160 852 ➤ Rhonda Givoni, 44 Freda Street Inverloch, Ph: 0428 643 211 ➤ Terry Guilford, 44 Freda Street Inverloch Ph: 03 5674 2345 ➤ Shore Solutions – Ailsa Drent, 231 White Road Wonthaggi, Ph: 0419 872 532 ➤ Charles Huson, 10 Radovick Street Korumburra Ph: 0412 715 699 ➤ Doris Ricardo, Mirboo North Community Health Centre, Ridgway, Mirboo North Ph: 0435 277 401 ➤ Jason Crestani, 212 Graham Street Wonthaggi Ph: 0408 357 341 ➤ Eric Van Den Bossche Ph: 0421 965 925 ➤ Paul Sadler Ph: 0400 590 896

			<ul style="list-style-type: none"> ➤ Peter Brosnan, Bass Coast Community Health Service Ph: 5671 9200 ➤ Beverley Brain, 164 Thompson Avenue Cowes Ph: 0409 857 644 ➤ Margaret Walton, 164 Thompson Avenue Cowes Ph: 0418 150 570 ➤ Elizabeth Tabary-Collins, South Gippsland Family Medicine Ph: 03 5672 4111 ➤ Greg Bull, South Gippsland Community Health Centre Ph: 0418 306 132 ➤ Graeme Brewer, Yarram Medical Centre Ph: 0428 501 118 ➤ Anne-Marie Taylor, Leongatha and Tarwin Ph: 9015 4989
GPA South Gippsland – Drought Recovery Support Program	Crisis intervention, mental health information/referral, mental health promotion in target communities and education, training and community development activities directed at drought and mental health. Funded under the DoHA <i>Mental Health Support for Drought Affected Communities</i> Initiative until June 2010.	Self-referral or requests/referrals from service providers or community members.	11 Williams Street, PO Box 105 Inverloch VIC 3996 Tel: 03 5674 0900 or 0437 958 713
Lifeline Gippsland	24 hour telephone counselling service. Training programs.	Self-referral via phone.	13 11 14

Relationships Australia Victoria	Individual, couple and family counselling, free drought counselling, support groups, forums, relationship education outreach. Family Support Drought Program funded until June 2010.	Self-referral or referral from others to main Traralgon number for intake.	Main office in Traralgon Ph: 03 5175 9500 Outreach available in Yarram, Wonthaggi and Leongatha.
Bass Coast Community Health Service	Community health programs, family, youth, rural outreach counselling, emergency relief, drug and alcohol services. Servicing Bass Coast Shire.	Self-referral or referral from service providers.	1 Back Beach Road, San Remo Ph: 03 5671 9200 Cnr Watt & Billson Streets, Wonthaggi Ph. 03 5671 3500
Mental Illness Fellowship	Social support and networks, activities, and outings.	Self-referral or referral from service provider.	Wonthaggi Ph: 5672 3111
Special Needs Access Program (SNAP) Gippsland Inc	Psychiatric Disability Support Service	Assessment process prior to program acceptance.	3 Church Street, Leongatha 3953 Ph: 03 5662 5188
GROW	Support for people with mental illness and their carers	Self-referral	1800 558 268
F.O.C.A.S.	Self-help support group for people with a psychiatric illness, carers, families, friends and community members. Emphasis on social activities and raising community awareness.	Self-referral	Ph: 5674 4628 or 0403 693 234

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<p>Monash University Department of Rural and Indigenous Health</p>	<p>Research, education and training support to organisations and groups around rural mental health issues.</p>	<p>Not applicable.</p>	<p>Darryl Maybery Associate Professor of Rural Mental Health Monash University PO Box 973 Moe, Victoria 3825 Ph: 03 5128 1000</p>
<p>Personal Helpers and Mentors Program (MIND)</p>	<p>Home based outreach across Gippsland to people with a mental illness.</p>	<p>Self-referral and referral from other agencies</p>	<p>Ph: 03 5134 6199</p>

COMMUNITY AGENCIES

Latrobe Community Health Service	Gambler's help program (counselling, consultation to service providers, education), Commonwealth Carelink service.	Self-referral or referral from service providers.	Bridge Street Korumburra 3950 Ph: 03 5654 8101 Free call number for respite service
Kilmany Uniting Care	Family support programs, personal counselling, child first best start program, MAHS counsellor (referral from doctor).	Self-referral or referral from service providers.	3 Church Street Leongatha 3953 Ph: 03 5662 5150 6 Hyland Street Foster Ph: 03 5682 1162 93 Commercial Road Korumburra 3950 Ph: 03 5655 1884
Centacare Gippsland	Offers a range of services to individuals, couples and families including counselling for relationships, personal and family issues, grief and loss, and drought.	Self-referral or referral from service providers.	19 Connor Street Warragul VIC 3820 Ph: 03 5622 1188
Quantum Support	Outreach to South Gippsland for specific programs only.	Self-referral or referral from service providers.	Ph: 03 5120 2000
Anglicare	Family support programs, financial counselling, victims of crime assistance, community legal service.	Self-referral or referral from service providers.	8 Bruce Street Leongatha 3953 Ph: 03 5662 4561
GippsCare	Housing and support services, Men's Options support group.	Self-referral or referral from service providers.	McCartin Street Leongatha 3953 Ph: 03 5662 4502
Salvation Army	Emergency relief.	Self-referral.	Bass Coast – 03 5672 1228 South Gippsland – 03 5662 4670

St Vincent De Paul	Emergency relief.	Self-referral.	Bass Coast – 03 5672 3445 South Gippsland – 03 5662 2729
VicRelief Foodbank	Community Support Worker coordinating education for emergency relief workers in Gippsland.	Not applicable.	C/- Latrobe Community Health Service 54-56 MacArthur Street, Sale Ph: 5143 9831
Gippsland Women's Health Service	Health information library, health promotion programs.	Not applicable.	Sale office Ph: 03 5143 1600
OTHER			
Rural Financial Counselling Service (DPI)	Financial counselling for farmers, assistance with applications for financial assistance.	Self-referral or referral from service provider.	6 Peart Street Leongatha 3953 Ph: 03 5662 2566 Jenni Gibson and Marshall Scott
GippsDairy	Local Drought Coordinators available for specific events and activities as approved.	Self-referral.	GippsDairy 70 South Road (Warragul-Korumburra Rd) McMillan Campus, Warragul Vic 3820 Reception Ph: 03 56 243 900 Local Coordinators - 5659 4373 or 5659 4219
South Gippsland Shire Council	Auspicating Rural Skills Connect program – project to connect rural workers with industries experiencing skills shortages through training and employment. Across Bass Coast, South Gippsland and Baw Baw Shires.	Self-referral.	9 Smith Street, Leongatha VIC 3953 Ph: 5662 9200 (Reception) or program officer, Ross Robinson on 0428 336 942

Bass Coast Shire Council	Rural Skills Connect program – as above.	See above.	See above.
Department Planning & Community Development	Women in Drought & Climate Change Project, organising Circles of Influence dinners for women in Gippsland.	Not applicable.	Women in Drought & Climate Change Project Officer at Traralgon office Ph: 5174 7308
Primary Care Partnership	Provides support to local health services via Health promotion, service coordination and partnerships, chronic disease management programs.	Not applicable.	South Coast Primary Care Partnership Ph: 5674 0900
Department of Education and Early Childhood Development School Focused Youth Service	School focused youth service, supporting schools in region to access mental health resources.	Not applicable.	Program worker based at Bass Coast Regional Health Family Resource Centre Ph: 5671 3278
Centrelink	Range of drought assistance including social work and counselling for farmers, small business owners & families.	Self-referral	Centrelink Drought Assistance Line 13 23 16 Local Rural Services Officer Ph: 5128 5197 Wonthaggi is the central site for this Divisional area, with minimal service at transaction centres in other parts of the Divisional area.
Community houses	Provide support programs, information, short courses, volunteering opportunities.	Self-referral.	Corinella & District Community Centre 5678 0777 Foster Community House 5682 1101 Inverloch Community House 5674 2444 Lang Lang Community Centre 5997 5704 Leongatha Community House 5662 3962

			<p>Milpara Community House Korumburra 5655 2524 Mirboo North Community Centre 5668 1340 Mitchell House Wonthaggi 5672 3731 Phillip Island Community & Learning Centre 5952 1131 Venus Bay Community House 5673 7499</p>
Country Women's Association (CWA)	<p>Aims to improve the conditions for country women and children, especially those living in rural and remote areas. Can assist with grants for study, support community events with catering and pamper packs, and fundraising. Locally, CWA has supported drought/mental health community events such as pamper days and forums.</p>	Not applicable.	<p>Coronet Bay 5678 0082 Cowes 5678 5113 Fish Creek, Yanakie, Yarram & Foster 5682 2880 Grantville 5997 6372 Loch, Woodleighvale & Wonthaggi 5659 6471 Gippsland Hills Group 5664 9256 (NOTE: This is the contact for all local branches in Gippsland area)</p> <p>www.cwaofvic.asn.au for more information about events and activities.</p>
Lion's Club	<p>Service to community and fundraising activities, with funds returned to communities. Some local clubs have been forwarding funds to seriously affected drought communities in northern Victoria and sponsoring respite breaks for affected families. Other clubs</p>	Not applicable.	<p>Inverloch & District 5674 3863 Phillip Island 5956 8284 Wonthaggi 5678 7072 or 5674 9215 San Remo/Newhaven jacquie9@tadaust.org.au Korumburra 5659 8270 Leongatha 5662 2811 Mirboo North 5668 1956 Strzelecki 5655 1516 or 5627 5576 Toora 5681 6293 or 5686 2550</p>

	have also been involved in local agricultural shows and other community events.		
Rotary Club	Service to community through fundraising and community activities.	Not applicable.	Foster 5682 2655 or 5688 1064 Leongatha 5662 4099 Korumburra 5655 2071 Mirboo North 5668 1477 Koo Wee Rup-Lang Lang 0438 332 421 or 0408 554 048 Phillip Island and San Remo 0405 448 981 Wonthaggi 5672 2738 or 5672 1072 Inverloch 5674 2591 / 0411700446
Red Cross	Service to community through catering, fundraising and community activities. Locally, Red Cross has been involved in supporting drought/mental health community events such as pamper days.	Not applicable.	Woodleighvale 5678 1009 Fish Creek 5683 2401 or 5689 1286 Foster 5682 2424 Korumburra 5655 1271 Leongatha 5659 8239 or 5662 2126 Meeniyah 5664 7327 or 5664 7228 Mirboo North 5668 1925 Tarwin Lower 5663 2262 or 5663 5244 Toora/Welshpool 5686 2270 or 5688 1382 Waratah Bay 5663 2150
Country Fire Authority (CFA)	Emergency response and support to community activities. Locally, CFA has supported drought/mental health community events such as Men's Health Nights.	Not applicable.	Dalyston 5678 7386 Inverloch 0418 358 088 Kernot-Grantville 5678 8551 or kernotcfa@dcsi.net.au Kilcunda 5678 7577 or andrea.bolch@bigpond.com Phillip Island 5956 9274 or

			<p>pifire@waterfront.net.au San Remo 5956 6500 or sanremocfa@nex.net.au Wonthaggi 5672 1281 or p.walters@cfa.vic.gov.au Allambee 5668 7205 Berry's Creek 0438 688 269 Dumbalk 5664 1265 Fish Creek & District 5683 2203 Foster 5682 2861 Hallston/Mt Eccles 5668 5222 Hedley 5184 1245 Kongwak & District 5657 3270 Koonwarra 5664 2254 Korumburra 5655 1389</p>
Apex	Service to community through fundraising and community activities.	Not applicable.	<p>Korumburra 5658 1687 Leongatha 0409 511 444 Poowong & District 0419 512 584 www.apex.org.au</p>
State Emergency Service (SES)	Emergency response and support to community activities.	Not applicable.	5126 1500 24 hr. service for region