

Mental Health Local Services Directory

Support & Information

Mental Illness Fellowship
(Wonthaggi)
5672 3111

GippsCare (Leongatha)
5662 4502

Counselling & Information

Local Doctors
and Specialists

Bass Coast Community Health
Service
5671 9200

Family, Peers
& Friends

SANE Helpline
1800 187 263

Hospitals and Police

Relationships Australia (Vic)
1300 369 630

Latrobe Regional Hospital
Mental Health Service
1300 363 322

Wonthaggi Police
5672 1222

Bass Coast Regional Health
Family Resource Centre
5671 3278

IMMEDIATE CRISIS

Lifeline 13 11 14

Ambulance / Police 000

Kids Help Line 1800 55 1800

Poisons Information 13 11 26

Parentline 13 22 89

Mensline 1300 78 99 78

F.O.C.A.S.
5674 4628

GROW
1800 558 268

Yarram & District Health
Service
5182 0222

Bass Coast Regional Health
(Wonthaggi)
5671 3333

beyondblue
1300 224 636

Centrelink Social Workers
13 17 94

Kooweerup Regional Health
Service
5997 9679

Gippsland Southern Health
Service (Leongatha)
5667 5555

Direct Line
(Drug & Alcohol)
1800 888 236

Anglicare
(Leongatha)
5662 4561

Local
Psychologists

South Gippsland Hospital
(Foster)
5683 9777

Gippsland Southern Health
Service (Korumburra)
5654 2777

Suicide Helpline Call-
back Service
1300 659 467

Gippsland Women's
Health Service
1800 805 448

Rural Support Line
1300 655 969

Kilmany Uniting Care
5662 5150

Special Needs
Assessment Program
(SNAP)
5662 5188

Gamblers Helpline
(Victoria)
1800 858 858

Personals Helpers & Mentors
Program (MIND)
5134 6199

Association of
Relatives & Friends of
the Mentally Ill Carer
Helpline
1300 550 265

Womens Information
Referral Exchange
1300 134 130

